



Asthma Action Plan

Prepared for:

(Place patient sticker here)

Prepared by:

Date:

Regular Daily Medication

Preventer Medication: DO NOT STOP GIVING THIS MEDICATION

If a cold develops



If a cough develops



If breathless



SEE YOUR LOCAL DOCTOR

If Needing Relieving Medication...

3rd to 4th Hourly:

Continue treatment



Consult your Doctor

Closer than 3rd Hourly:

First give relieving medication



then go to the hospital

*****Call 000 for an ambulance if you are worried that your child is getting worse*****