



*Give Me a Break
(Support Group for Carers of
Children with Physical Disabilities)*

Do you have a child who has multiple or severe disabilities?

This group might be the one for you. Come along for coffee and a chat with other mums of children with high support needs who might be experiencing the same issues as you.

The Support Group provides an opportunity for carers to break away once a month for a couple of hours to relax and learn from each other. Plus, guest speakers, books to borrow, outings and lots of fun.

WHEN: The last Wednesday of every month
(except school holidays)
MEET: The Lake House, 4 Tulloch Close, Eleebana.
TIME: 10.00 am—2.00 pm.

Child care can be arranged at the Lake House for your child with high support needs and for siblings if you give us a few days notice to organize workers.

For further information, or to book into the next group please phone
Temp Care on 02 49575008